



association for
the prevention
of torture



International Ombudsman Institute
Institut International de l'Ombudsman
Instituto Internacional del Ombudsman

FOLKETINGETS
OMBUDSMAND



IOI Workshop for NPMs “Strengthening the follow-up on NPM recommendations”

7 – 9 November 2018 | Copenhagen, Denmark

PRACTICAL INFORMATION

TRAINING VENUE

The training will be held at Eigtveds Warehouse (in Danish: Eigtveds Pakhus), which is located on Asiatisk Plads in central Copenhagen, next to Denmark’s Ministry of Foreign Affairs.

Eigtveds Pakhus

Asiatisk Plads 2 G

1448 København K

Phone: +45 33921601 / +45 33921509

The venue is easily reached from Copenhagen Airport by taking the metro to the stop Christianshavn. The journey takes less than 15 minutes.

Eigtveds Warehouse is located within walking distance from Kongens Nytorv in the eastern end of the pedestrian street Strøget.

- **Metro:** Direct line from Copenhagen Airport or Nørrebro Metro Station stop at Christianshavn Metro Station. Approx. 5 min. walk to Eigtveds Pakhus.
- **Bus:** 2A stops at Knippelsbro. Approx. 3 min. walk to Eigtveds Pakhus.

Eigtveds warehouse was established in 1748-50 by Royal master builder Nicolai Eigtved. The house was used by the Danish Asiatic Company as a storeroom and chamber to see all the valuable and exotic goods during the period known as the ‘Flourishing Trading Period’. Danish Asiatic Company used the buildings until 1976.

CATERING

The Danish Parliamentary Ombudsman’s Office will organize coffee breaks and lunches for all three days of the workshop and will invite participants to an official dinner on 8 November 2018.

INSURANCE & VISA

All participants of the training are invited to arrange travel insurance.

Information about visa requirements can be found in homepage of the Ministry of Foreign Affairs of Denmark: <http://um.dk/en/travel-and-residence/danish-visa-rules/>

ACCOMMODATION

A block of rooms has been reserved at **First Hotel Kong Frederik**, which enjoys a prime location close to the City Hall and to the most important sights and shopping areas of Copenhagen.

First Hotel Kong Frederik

Vester Voldgade 25

1552 Copenhagen, Denmark

For more information, please see: https://www.firsthotels.com/hotels/denmark/copenhagen/first-hotel-kong-frederik/?_ga=2.161084404.899095589.1535445753-1081873365.1535445753.

Special rates have been arranged for participants as follows:

- Standard double room: 983 DKK (approx. EUR 131,81) per room/per night (incl. breakfast)

Please indicate on your registration form if you would like to make reservations at First Hotel Kong Frederik. The Danish Parliamentary Ombudsman's office will then take care of the necessary arrangements for your reservations. Payment must be made by each participant upon arrival/check-in.

Getting from the hotel to the training venue (i.e. Eigtveds Pakhus):

- **Walk:** The hotel is a 25-minutes' walk away from the training venue
- **Metro:** The hotel is a 11-minutes' walk away from Nørreport Metro Station from where one can take the Metro (all Metros going to Amager) to Christanshavn Metro Station and then walk approx.. 5 min. Total time of transportation approx. 20 minutes
- **Bus:** The hotel is a 2 minutes' walk to Rådhuspladsen (City Hall Square) from where one can take Bus 2A (Kastrup St.) to the bus stop at Knippelsbro and then walk approx. 3 min. Total time of transportation approx. 19 minutes)

Other hotel options in or near the city centre

Please note that the following are just recommendations from our host and that **no special arrangements** have been made with these hotels for workshop participants. If you prefer to stay at one of the following hotels, you are kindly requested to make reservations directly with the respective hotel yourself.

Copenhagen Strand

- 11 min walk to the training venue; no public transportation possible
- Economy Single (reservation cannot be amended or cancelled) exclusive breakfast: 149,52 EUR
- Flexible Single (reservation can be amended or cancelled) inclusive breakfast: 166,14 EUR
- Website: <https://www.copenhagenstrand.dk/>

The Square

- 26 min walk to the training venue; 19 min with public transportation
- Economy Single (reservation cannot be amended or cancelled) inclusive breakfast: 146,16 EUR
- Flexible Single (reservation can be amended or cancelled) inclusive breakfast: 157,56 EUR
- Website: <https://www.thesquare.dk/>

Wakeup Copenhagen Borgergade

- 19 min walk to the training venue; 12 min with public transportation
- Economy (reservation cannot be amended or cancelled) inclusive breakfast: 69,73 EUR
- Flexible (reservation can be amended or cancelled) inclusive breakfast: 83,14 EUR
- Website: <https://www.wakeupcopenhagen.dk/hotellerne/koebenhavn/borgergade/#/search>

Scandic Palace Hotel

- 22 min walk to the training venue; 16 min with public transportation
- Economy Single (reservation cannot be amended or cancelled) inclusive breakfast: 165,88 EUR
- Flexible Single (reservation can be amended or cancelled) inclusive breakfast: 195,11 EUR

AIRPORT TRANSFER

Copenhagen Airport is about 8 km southeast of central Copenhagen and it takes less than 15 minutes to go from Copenhagen Airport to the city centre by train or metro. Both metro and train run from terminal 3. You will need a ticket for three zones, which costs DKK 38 (approx.. 5,- EUR).

Metro

If you want to go to central stations like Kongens Nytorv or Nørreport, you should get on the metro.

Read more about the metro here: <https://www.visitcopenhagen.com/copenhagen/metro>

Train

If you want to go to Copenhagen Central Station, the train is your best option.

Read more about the train here: <https://www.visitcopenhagen.com/copenhagen/train>

Bus

Bus 5A will take you directly to Copenhagen Central Station, City Hall Square, Nørreport and other stations.

It takes about 30-35 minutes from the airport to the Central Station.

Read more about the bus here: <https://www.visitcopenhagen.com/copenhagen/bus>

Taxi

Taxis can pick up passengers outside terminal 1 and 3 and will get you to downtown Copenhagen in about 20 minutes depending on traffic. It will cost approximately DKK 250-300 (approx. 30,- to 40,- EUR).

PUBLIC TRANSPORT

The public transportation in Copenhagen is very reliable, punctual, and it takes you everywhere. In Copenhagen the trains, Metro and busses (including waterbuses) can be accessed with the same ticket. All you need to know is how many zones you will pass on your journey.

When using the public transportation in Copenhagen, all must have a valid ticket. You can read more about the various ticket types and their prices here:

<https://www.visitcopenhagen.com/copenhagen/transportation/tickets-prices>

Metro

The metro is in service all day and all night, every day of the week. There are 2-4 minutes between each train during rush hour, and 3-6 minutes outside rush hour and during the weekends. Friday and Saturday night (after 01:00), trains arrive with a 7-15 minutes interval and a 20 minutes interval after midnight on weekdays (Sunday through Thursday). Please note that maintenance of the rails may occur during the night, which can result in a slightly longer journey. The maintenance is between 01:00-01:25 and again between 04:15-04:45.

Trains

The S-trains run between 05:00 in the morning and 00:30 at night. Line F runs every 4-5 minutes, line A, B, C and E run every 10 minutes, and line H and Bx run every 20 minutes. On Friday and Saturday, the trains run once an hour between 01:00 and 05:00. However, line F runs every half hour during these hours.

Bus

The A-buses are the primary buses in central Copenhagen. They drive every 3-7 minutes during rush hour (which is between 07:00-09:00 in the morning and 15:30-17:30 in the afternoon) and usually about every 10 minutes before and after rush hour. The A-buses serve at all hours.

The S-buses drive every 5-10 minutes during rush hour and every 20 minutes outside of rush hour. The S-buses are faster than the A-busses due to fewer stops. They usually serve between 06:00 in the morning and 01:00 at night.

Night buses are in service between 01:00 and 05:00 in the night. You can recognize the bus stops by the grey colour of the bus stop signs. The night buses are all N buses, for an example 85N.

OTHER RELEVANT INFORMATION

Weather conditions:	In November, daily temperature in Copenhagen is around 5°C (41°F)
Electricity:	230V, frequency 50HZ European plug with two circular metal pins.
Official language:	Danish (most Danes also speaks English)
Currency:	Danish Kroner (DKK)
Local time:	GMT +1
Country Dialling Code:	+ 0045
Weights and measures:	Metric

Useful link:

https://www.visitcopenhagen.com/copenhagen-tourist?_ga=2.3058032.150284555.1535447397-110137763.1535447397